**Nutrition Conference**

** for parents**

* Making healthy lunch boxes is not always easy?
* Having balanced meals for dinner is a challenge?

**Come and meet a nutritionist who will give you tips and advice!**





**When?** Thursday, March 19 (6 pm to 7:30 pm)

**Where?** Barclay School (main entrance)

**Cost?** Free

**Danielle Charland Mika Joseph Ghislaine Paiement**

School headmistress School nurse School Community Worker

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Nutrition Conference **for parents**

Coupon to be given to Ghislaine Paiement by **mars 17th 2020**

Yes, I will come to the Nutrition conference on March 19th 2020.

No, I will **not** come.

Child's name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Group : \_\_\_\_\_\_\_\_\_\_\_\_

Parent's name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone : \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_