

## STATUS REPORT – MARCH 17<sup>TH</sup> 2020, 13 :00 PM

- Global **situation**: 167 515 confirmed cases in 150 countries, 6 606 deaths;
- **In Canada**: There are 424 confirmed cases, 4 deaths;
- **In Québec**: There are 63 confirmed cases;
- At the Jewish General Hospital: There are 2 hospitalizations and 1 cured case!
- On March 13th, a state of sanitary emergency was declared in all of Québec.

## GENERAL GUIDELINES

- **All persons presenting with COVID-19** symptoms must communicate with 1 -877-644-4545 in order to obtain an appointment in a designated clinic (Hôtel-Dieu de Montréal open 7 days a week). 811-Info-Santé should be used for psychosocial aide and services only (ex : anxiety linked to the virus) ;
- **RAMQ : Designated** COVID-19 clinics are accessible, without cost, **for those who are not covered** by the Régie de l'assurance maladie du Québec (ex : immigrant person with precarious status);
- **While waiting for COVID-19 test results**: people should remain in **self isolation in their home** ;
- **Follow sanitary guidelines and maintain a safe physical distance**, 1 metre between people and 2 meters from people presenting with symptoms
- **Outings**: avoid all non-essential travels; working from home should be supported and encouraged when possible;
- **People over the age of 70** should not leave their home;
- **Nonessential visits are prohibited**: all non-essential visits to hospitals, CHSLD, intermediate care settings, family type intermediate care settings and senior residences should be avoided;
- **All non-necessary interior gatherings** should be avoided;
- **14 day isolation**: All Quebec travellers returning from a trip abroad or presenting with flu-like symptoms are asked to self-isolate as a voluntary preventative measure, for 14 days. This is mandatory for all personnel working within the health and social services network as well as within the education and the Education and family services network.
- **Traveling**: **avoid all travels**. Borders are currently closed to non-Canadian citizens and non-permanent residents, except for the United States. Any person with COVID-19 symptoms cannot enter the country. Consult the **Official Global travel Advisory** in place for each country ;

## WITHIN OUR COMMUNITY

- **Closed until March 29th, minimally**: all schools, Cégeps, Universities and Quebec daycare services;
- **Day care services** are made available to health care, and other essential service professionals;
- **Closed until further notice**: **Several public institutions**, organizations merchants, gathering and meeting places and community groups. Certain essential community services, such as food assistance, remain open with restrictions;
- **Keep referring to 2-1-1** for people in difficulties or in needs of resources;
- The health care system and its establishments have prepared reassignments plans in order to be equipped for all potential eventualities. Numerous protocols are in place in order to assist in the decision making process, accept individuals, potentially infected with the virus, in a safe and secure environment so as to **prevent and control** the illness;
- Several pharmacies and grocery stores home deliver – do not hesitate to call and inquire;
- For multi-lingual information related to COVID-19, **follow this link**.

*Le Centre de référence du Grand Montréal* invites all of you to inform them of any service modifications with **this link** or [edition@info-reference.qc.ca](mailto:edition@info-reference.qc.ca)

### Informations supplémentaires :

- DRSP – <https://santemontreal.qc.ca/en/public/coronavirus-covid-19/>
- MSSS – [Coronavirus COVID-19](#)
- ASPC – [Coronavirus \(COVID-19\)](#)